

Guidelines for going under anesthesia

In our hospital, it is possible to undergo operations with various types of anesthesia:

- general (given intravenously or by inhalation),
- local (topical or infiltration),
- regional (spinal) or combined (intravenous local).

Each of these types of anesthesia has its specific characteristics. Type and manner of administration are determined after discussion with the anesthesiologist. There are certain risks associated with each of the aforementioned types of anesthesia. The patient is informed in detail about those risks, which are, with the progress of pharmacy and medicine, today reduced to minimum.

A pre-condition for good quality anesthesia is patient's cooperation. A month before the scheduled operation, it is necessary to stop short time diets, do a blood test and, if there is anemia, take iron rich food (spinach, Swiss chard, nettle, beetroot, horse meat, chicken liver), check the blood once again, and if the patient is still anemic, start taking some iron preparation.

Two weeks before the operation stop taking Ginkgo Biloba and Aloe Vera (anticoagulants).

Twelve hours before the operation stop taking food and water, smoking and using chewing a gum. Continue taking therapy for chronic diseases, except in cases when, after discussion with the anesthesiologist, it is excluded.